

A photograph of a person's legs from the knees down, wearing red denim jeans with a tear at the knee and brown lace-up boots with a thick sole. The person is standing on a cobblestone street. The entire image is overlaid with a semi-transparent cyan color.

**NE
WS
CAFE**

PULLED PORK ROSTI



ALL DAY BREAKFAST

OUR BREAKFASTS ARE SERVED ALL DAY
TOAST OPTIONS OF WHITE, BROWN, HEALTH OR RYE

eggs benedict 69

2 traditional poached eggs and hickory ham on an english muffin, dressed with hollandaise sauce and served with grilled tomato
[replace the ham with bacon or spinach and feta]

big ben NEW 75

2 traditional poached eggs with bacon, grilled mushrooms, grilled cherry tomato and rocket on an english muffin, dressed with hollandaise sauce

good old traditional 85

2 eggs, your choice of streaky **OR** back bacon, thin boerewors spiral, grilled tomato, mushrooms, chips and toast

the english 69

2 eggs, your choice of streaky **OR** back bacon, grilled tomato, chips and toast

sunshine breakfast 49

1 fried egg, your choice of streaky **OR** back bacon, grilled tomato, chips and toast

boerie breakfast 85

thin boerewors spiral, 2 fried eggs, crispy streaky bacon, baked beans, fried mushrooms and onion, served on an english muffin with rocket

hangover eggs 69

toasted ciabatta, 2 fried eggs and streaky bacon with baked beans and our vibe chilli sauce, topped with feta cheese

breakfast burger stack NEW 85

beef patty stacked with a fried egg, panko crumbed potato rosti, grilled mushrooms, cheddar cheese and bacon with tomato relish

livers on toast NEW 69

pan fried chicken livers in a spicy tomato sauce, with mixed peppers, served on toasted ciabatta with a poached egg and side of vibe chilli

pulled pork rosti NEW 85

2 panko crumbed potato rosti, topped with sticky bbq pulled pork, gherkins and 2 poached eggs, topped with a sweet mustard sauce and served with grilled tomato

omelettes

3 egg **OR** egg white only omelette served with a slice of toast

bacon, cheddar cheese and mushroom 75

bacon, feta and avo 75

NEW tomato, mozzarella and caramelised red onion 65

HEALTHIER alternatives

NEW black mushroom bant 79

creamy sautéed spinach served on grilled black mushrooms topped with 2 poached eggs and guacamole served with grilled tomato

banting breakfast 75

fresh avo slices, served with crispy streaky bacon and cream cheese, drizzled with extra virgin olive oil, tabasco and freshly ground black pepper

rolled oats 45

a generous portion of rolled oats, cooked with milk and served with banana, honey, dates and cinnamon

fruit salad and yoghurt 65

fresh seasonal fruit with plain **OR** strawberry yoghurt and honey

muesli jar 59

seasonal mixed fruit layered with muesli and low-fat plain **OR** strawberry yoghurt

avo on rye 55

sliced avo, fresh rocket and sliced tomato, served on rye toast and finished with a squeeze of lemon

poached eggs on health toast 49

2 poached eggs on health toast, served with freshly sliced tomato and rocket

TOASTED'S

SERVED WITH CHIPS OR SIDE SALAD

chicken mayonnaise 60

bacon and egg 60

hickory ham and cheese 60

NEW cheese and tomato 50

club sandwich 79

triple-decker toasted sandwich with grilled chicken breast, bacon, fried egg, tomato and lettuce

Some food items have traces of nuts and seeds. Should you be allergic to any food items, please request information regarding ingredients prior to ordering.

CRISPY HAKE SALAD



salads

DRESSED AND READY

panko chicken NEW

panko crumbed chicken strips, baby leaf lettuce, red cabbage, carrot, cucumber and avo tossed with a peppadew dressing

crispy hake NEW

deep fried hake bites, red cabbage, cucumber, peas, celery, shaved fennel and rocket tossed with creamy lemon mayo dressing

chicken livers NEW

crispy chicken livers tossed with baby leaf lettuce, red onion, cherry tomatoes, croutons, mushrooms and broccoli, finished with parmesan shavings and a sweet mustard dressing

🍷 strawberry and haloumi

fresh sliced strawberries, tossed with baby lettuce, avo and panko crumbed haloumi and finished with toasted almond flakes and a balsamic reduction

🍷 simply greek

traditional greek salad of mixed tomatoes, cucumber, red onion, olives and feta, tossed with honey mustard dressing and served in an open toasted whole wheat wrapp

honey coated sesame seed chicken

chicken strips sautéed in honey and sesame seeds, with feta, sliced avo, baby leaf lettuce, tomato and cucumber, finished with a mustard and herb dressing

chicken caesar

grilled chicken strips, cos lettuce, parmesan shavings, cucumber ribbons and croutons with a creamy caesar dressing

cajun chicken

grilled cajun chicken strips, baby leaf lettuce, tomato, cucumber, onion, topped with feta cheese and finished with a mustard and herb dressing

89

85

85

95

85

95

85

89

WRAPPS

WHOLE WHEAT WRAPP, SERVED WITH YOUR CHOICE OF SIDE

sticky pulled pork NEW

sticky pulled pork with red cabbage, carrot, baby leaf lettuce, crumbled feta and sweet mustard dressing

95

chilli beef and bacon

chilli basted beef strips, bacon, jalapenos, and cheddar cheese, with tomato and baby leaf lettuce

95

cajun chicken

strips of cajun chicken mixed with feta cheese, onion, baby leaf lettuce, tomato and tangy cajun mayo

85

honey coated sesame seed chicken

with feta, avo, baby leaf lettuce, tomato and honey mustard mayo

89

🍷 haloumi and avocado

with baby leaf lettuce, tomato and mayo

95

crumbed chicken and avo

crumbed chicken strips with peppadews, avo, baby leaf lettuce, tomato, grated cheddar cheese and honey mustard mayo

89

SIDES • SIDES • SIDES

mac & cheese • onion rings • chips
stir fry veg • greek side salad • slaw

★ HOUSE FAVOURITES ★

mac and cheese

classic mac and cheese made with cheddar, parmesan and mozzarella, served with the following options:

🍷 classic cheese 69

bacon and blue cheese 89

spicy beef mince 89

beef trinchado 110

tender cubes of beef sirloin cooked in an infused portuguese red wine sauce, with a hint of garlic and chilli, and served with a portuguese roll and rocket

peri-peri chicken livers

chicken livers served in a creamy peri-peri sauce, served with a toasted portuguese roll

69

grilled chicken breasts

2 flame grilled lemon and herb chicken breasts served with a greek side salad

85

beer battered fish and chips

deep fried hake fillet served with chips and tartare sauce

110

also available as a grilled option with a side salad





FISH TACOS



MEXICAN

ENJOYED BEST
WITH A CORONA-RITA

MEXICAN

pulled pork tacos **NEW**

89 bbq pulled pork served in soft shell tacos with crisp carrot and mango salsa served with a spicy mango dip

fish tacos **NEW**

85 soft tacos filled with deep fried hake bites and crunchy coleslaw served with creamy lemon dressing

spicy chicken quesadilla **NEW**

85 fajita spiced chicken, sautéed mixed peppers and onion, toasted in a tortilla with cheddar and mozzarella cheese, served with all the trimmings

① jalapeno bites

69 diced jalapenos with feta, mozzarella, cream cheese and potato, panko crumbed and fried, served with guacamole and spicy mango dip

① nachos grandes

99 topped with our vibe chilli cheese sauce, melted cheese and jalapenos, served with guacamole, sour cream and house salsa

nachos con carne

125 with spicy beef mince

nachos con pollo

120 with cajun chicken strips

Jose Cuervo
TRADICIONAL

pair your mexican meal with Jose Cuervo Tradicional® for **25.00**
best enjoyed one sip at a time

finger foods

beef sliders

a trio of mini burgers original bbq, classic cheese and bacon and cheese

pulled pork sliders **NEW**

a trio of mini burger buns, filled with sticky bbq pulled pork, coleslaw and sliced gherkins

① haloumi sticks

panko crumbed haloumi sticks served with sweet chilli sauce

fiery chicken wings

buffalo wings dipped in our hot sauce, served with blue cheese dip, cucumber and chips

tempura prawns

basket of panko crumb fried prawns, served with sweet sesame chilli mayo on the side

mini corn dogs

deep-fried, cornmeal battered, bokwurst, served with chips, tomato sauce and wholegrain mustard mayo

chicken bites

panko crumbed chicken strips served with chips and bbq sauce

chicken wings

bbq **OR** peri-peri wings served with chips

bacon and cheese fries **NEW**

generous portion of chips layered with cheese sauce, crispy bacon bits and melted cheddar

85

95

75

95

99

89

85

95

69

platters

to share

sausage platter **NEW**

chorizo slices, grilled boerie spirals, cheese grillers and bokwurst served with chips, sweet mustard dip, bbq sauce and spicy tomato relish

320

wing platter

full portion of bbq wings, peri-peri wings and our fiery buffalo wings, served with bbq sauce, peri-peri sauce, blue cheese dip and a double portion of chips

280

the top seller platter

full portion of bbq ribs, bbq chicken wings, chicken bites and bokwurst, served with cajun potato wedges

380

the big share

fiery chicken wings, corn dogs, beef sliders and jalapeno bites served with chips, blue cheese dip, tomato sauce and spicy mango dip

320

news platter

chicken bites, bbq chicken kebabs, vegetable spring rolls and bokwurst, served with chips, bbq sauce and honey mustard mayonnaise

280

BIG BEEF BURGER



BURGERS



ALL OUR SMASHED BURGERS ARE SERVED MEDIUM WITH YOUR CHOICE OF SIDE

original bbq 79
bbq basted smashed beef patty with lettuce, tomato, and grilled red onion

classic cheese 85
bbq basted smashed beef patty topped with cheddar cheese and grilled red onion, on a bed of lettuce and tomato

cheese and bacon 95
bbq basted smashed beef patty topped with bacon and cheddar cheese, on a bed of lettuce and tomato [add egg 5.00]

bacon and blue cheese 95
smashed beef patty topped with crispy streaky bacon and gorgonzola sauce, on a base of lettuce and tomato - a true classic

mushroom and cheese NEW 95
bbq basted smashed beef patty topped with cheddar cheese and creamy mushroom sauce, on a bed of lettuce and tomato

the morning after NEW 95
smashed beef patty topped with a fried egg, bacon, vibe tomato relish and onion rings

big beef 99
smashed beef patty topped with cheddar cheese, bacon, caramelised onions, avo and mushroom sauce, served with tomato and lettuce

fiery chicken 79
panko crumbed chicken fillet, dipped in our fiery hot sauce, topped with gherkins and blue cheese sauce on a bed of lettuce and tomato

haloumi avo chicken 89
lemon and herb chicken fillet with grilled haloumi cheese, avo and tangy cajun mayo, on a bed of lettuce and tomato

SIDES • SIDES • SIDES

mac & cheese • onion rings • chips
stir fry veg • greek side salad • slaw

SIGNATURE STEAKS

black and blue sirloin NEW 165
300g sirloin topped with grilled black mushroom, caramelised red onion and blue cheese sauce served with panko crumbed potato rostis

stack'd steak NEW 165
300g sirloin topped with tomato relish, crispy onion rings and feta crumble, served with panko crumbed potato rostis

b&c sirloin NEW 160
300g sirloin topped with creamy cheese sauce, crispy bacon bits and melted cheddar served with potato wedges

flamed fillet 165
200g fillet stuffed with baby spinach, peppadew, mushroom and mozzarella. served with potato wedges and piquant pepper sauce

original melt 165
300g sirloin topped with avocado slices, mozzarella and feta cheese, served with stir fry veg

CLASSIC STEAKS

PREPARED WITH A MEDITERRANEAN MEAT RUB OR BASTED WITH NEWS CAFE BBQ SAUCE SERVED WITH YOUR CHOICE OF SIDE

200g fillet 145

300g sirloin 140

500g t-bone 170

SAUCES 20

mushroom • black pepper • piquant pepper • vibe chilli

GRILLS

spatchcock chicken NEW 160
flame grilled lemon and herb spring chicken, served with your choice of side

the big grill 180
150g sirloin, 2 boerie spirals and 200g of pork ribs, served with vibe salsa and your choice of side

ribs and wings 180
your choice of bbq OR peri-peri wings and a half portion of bbq pork ribs, served with chips

bbq ribs 185
600g rack of bbq pork ribs served with chips

lamb chops 160
3 loin chops brushed with bbq sauce, served with cajun potato wedges and a greek side salad

GOURMET
HOT CHOCOLATE



SHAKES

cherry & white chocolate  45
morello cherry and white chocolate

strawberry cheesecake 45
strawberries, cream cheese, condensed milk and tennis biscuits

espresso cookie 45
crushed oreo cookies with a shot of espresso

peanut & banana 45
peanut butter and fresh banana

frullata 42
fresh fruit blended with ice cream

smoothies

original coffee freezo 40
frozen cappuccino – contains elements of dairy

kiwi, apple, mint & cucumber crush 40

mixed berry crush 40

passion fruit crush 40

mango freezo 44
contains elements of dairy

COLD & REFRESHING

milkshakes 35
strawberry, chocolate **OR** vanilla

SIR FRUIT fresh juices 24
strawberry, pineapple, pressed apple, mango, orange, fruit cocktail, cranberry **OR** mandarin

BOS ice-tea 28
lemon, peach, berry, **OR** sparkling lemon 

sodas 22

cordials 22
kola tonic, passion fruit **OR** lime with a mix

la vie mineral water 20
500 ml sparkling **OR** still

tizers 29
apple, red **OR** white grape

COFFEE

ALL COFFEES AVAILABLE AS DECAFFEINATED **ADD 1.50**

filter coffee 19
refill 14

regular cappuccino 22

grande cappuccino 27
double-shot espresso

cappuccino con panna 24
regular cappuccino topped with whipped cream

americano 18
espresso topped with water

single espresso 16

double espresso 22

caffé latte 24

caffé mocha 28
choc espresso mix, topped with frothed milk

TEA

hot spicy chai 30
spicy chai tea with low fat milk

dilmah 26
original earl grey, pure chamomile flowers,
OR moroccan mint green tea

BOS organic rooibos  19

five roses ceylon 19

hot chocolate

toasted coconut  42
white hot chocolate with hints of toasted coconut, topped with cream

cherry chocolate  42
belgium hot chocolate and morella cherry syrup, topped with cream

peanut butter  42
belgium hot chocolate and peanut butter, topped with cream and salted peanuts

belgium chocolate 35
topped with cream and oreo cookie on the side

white chocolate 38
served with an oreo cookie on the side

Service charge not included. We reserve the right to charge a 10% service fee.
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Avanti